

Specialty Session Information

AWHONN 2011 Convention, “Inspire, Lead and Forge New Directions in the Care of Women and Newborns”

Specialty sessions are oral presentations lasting either 60 or 90 minutes including time allotted for questions and answers. Topics should be in keeping with the convention theme, goal and objectives and *targeted toward nurses with a minimum of five years experience*. The talk may consist of a literature review or an in depth examination of a clinical problem or a professional issue. It is not necessarily original research. **This is not a blinded review** and past experience as a presenter is a plus. (Research, Innovative Program and Case Study presentations *are* selected via blind review).

Criteria for Selection

- Topic in keeping with convention goal and objectives.
- Sufficient depth and sophistication for a typical attendee.
- Topic meets an identified learning need.
- Topic is timely and likely to be of interest to attendees.
- Content free of commercial bias
- Content is evidence-based, and reflects current or cutting edge state of the science.
- Creative approach to the topic.
- Application/implication for women’s health, obstetric or neonatal nursing practice, education or research.

Goal and Objectives

The goal of the 2011 AWHONN Convention is to inspire, lead and forge new directions in the care of women and newborns.

At the conclusion of the conference, participants will be able to:

- Design evidence-based solutions for diverse practice settings.
- Develop a personal and professional leadership path.
- Disseminate knowledge to create and sustain quality outcomes.

Submission Process

To expedite the submission process, gather required components before entering the Speaker Management System. You will be asked to provide the following:

- **Title:** Should be catchy, yet still clearly reflect the content. Sample titles:
Accidents Happen: Criminal Prosecution for Nursing Errors; Be Nice to Me, I’m New Here: Transitioning the Well Baby
- **Submitter’s Email:** If there is more than one submitter, list the email address of the primary contact.
- **Brief Description:** This is 2-3 sentences, no more than 75 words, intended for posting on the convention website or other program materials to let attendees know what the session is about. You want them to attend your session, this should capture their interest. Sample descriptions:

- *The development of high reliability perinatal units places new professional demands on nurses invested in the charge role. As the unit coordinator of care, the charge nurse's actions are frequently scrutinized when unanticipated adverse outcomes occur. This presentation will describe the professional duties and legal risk inherent in the charge nurse role. Strategies for role development and role enhancement will be described; Case law will be used to illustrate the current demands placed on charge nurses.*
- *Do you like reviewing interesting fetal heart monitoring cases? Do you have your "cockpit" checklist available at your fingertips? After a short review of NICHD terminology, we will apply clinical knowledge to interesting high risk case studies. An evidence-based approach will highlight the tenets of fetal heart monitoring and relevant standards of care. Once we've completed our checklists, we can "fly on" to our next destination.*
- **Three Behavioral Objectives:** This is what the learner should be able to do on completing your session. Sample objectives:
 - *Review the principles of fetal heart rate interpretation.*
 - *Analyze fetal heart rate patterns and uterine activity.*
 - *Correlate indicated interventions on fetal well-being.*
- **Teaching Delivery Methods:** You will be asked to select from a list of delivery methods; the methods you choose should be appropriate for the content and objectives. For example, if one of your objectives is that attendees demonstrate Leopold's Maneuvers, your teaching methods should include demonstration and/or hands on participation.
- **Pharmacology Content:** You will be asked to estimate how many minutes you will spend discussing medications during your presentation.
- **Bibliography:** Reviewers want to see the scientific or academic basis for your presentation, the sources for your assertions. You will be asked to provide at least 5 references, preferably from peer reviewed journals. At least 3 of them must be current as of the last 5 years. A sample bib:

Bellamy, L., Casas, J. P., Hingorani, A. D., & Williams, D. J. (2007). Pre-eclampsia and risk of cardiovascular disease and cancer in later life: Systematic review and meta-analysis. *British Medical Journal*, 335, 974-985.

Berends, A. L., de Groot, C., Sijbrands, E. J., Sie, M., Benneheij, S. H., Pal, R., Heydanus, R., Oostra, B. A., van Duijn, C. M., & Steegers, E. (2008). Shared constitutional risks for maternal vascular-related pregnancy complications and future cardiovascular disease. *Hypertension*, 51, 1034-1041.

Diehl, C. L., Brost, B. C., Hogan, M. C., Elsber, A. A., Offord, K. P., Turner, S. T., & Garovic, V. D. (2008). Preeclampsia as a risk factor for cardiovascular disease

later in life: Validation of a preeclampsia questionnaire. *American Journal of Obstetrics & Gynecology*, 198, e11-e13.

Garovic, V. D., Hayman, S. R. (2007). Hypertension in pregnancy: An emerging risk factor for cardiovascular disease. *Nature Clinical Practice Nephrology*, 3, 613-622.

Germain, A. M., Romanik, M. C., Guerra, I., Solari, S., Reyes, M. S., Johnson, R. J., Price, K., Karumanchi, S. A., & Valdes, G. (2007). Endothelial dysfunction : A link among preeclampsia, recurrent pregnancy loss, and future cardiovascular events? *Hypertension*, 49, 90-95.

- **Content Outline:** Reviewers want to determine if the content is congruent with your description, title and objectives. You will be asked to provide the outline for your presentation, along with the amount of time you anticipate spending on each part of the outline. If you think your session is best fitted for a 90 minute time slot, make sure the time you have allotted for each component totals 90 minutes; if you think your session is best fitted for a 60 minute time slot, make sure the time you have allotted for each component totals 60 minutes. If you have specified that you will discuss medications, please detail in your outline. Sample objectives with appropriate outline:

- Identify 5 common injuries experienced by staff working in maternity and newborn services and the physical, emotional, and economic consequences of those injuries
- Compare and contrast traditional body mechanics with a new evidence-based approach to patient mobilization and transfer to prevent injury
- Apply principles learned in this session to champion a campaign for employee safety in your workplace.

I. *Employee/Nursing injuries in the workplace – significance of the problem (10 minutes)*

- A. Number and types of injuries each year
- B. Physical, emotional and economic consequences of the problem
- C. Specific types of injuries seen in Maternal –Newborn service

II. *Evidence-based literature review – what works to prevent injury and what doesn't work (20 minutes)*

- A. Traditional approach - body mechanics classes in orientation & annual competency testing
- B. The new paradigm –An ergonomic approach to promoting employee safety
- C. Safe patient mobilization and transfer of patients
 - 1. Patient Assessment for safe mobilization

2. Documenting findings and making a proactive plan for safe patient mobilization
3. Preventing non-direct patient care strains and sprains in pushing & pulling equipment – new thinking and new evidence
4. Preventing repetitive motion injuries with common nursing activities & computer use

III. *Transforming the workplace to a safety culture environment (20 minutes)*

- A. Education isn't the preferred method
- B. Champions for change – spreading the word and the culture

IV. *Best practices for successful programs to prevent employee workplace injuries (10 minutes)*

- **Disciplines:** You will be asked to check off focus areas likely to be interested in your presentation
- **Author Information:** You will be asked to provide contact information, credentials and affiliations for all presenters. In addition you must include a short biosketch (limited to 200 words) which will be read to introduce you to attendees. Focus of the biosketch should be what makes you qualified to present the topic. A sample biosketch for a presentation on disaster preparedness in the perinatal setting.

Robbie Prepas CNM, MN, JD is a certified nurse midwife in clinical practice since 1993, in a hospital based setting. She is an adjunct professor of midwifery at the University of California at Los Angeles. She has been involved in International Midwifery for the last 15 years working in Asia, Africa, South America, and Russia, working with the Life Saving Skills curriculum in teaching midwives in developing countries. In addition she worked as a consultant for the Center for Disease Control in Afghanistan in a maternal child health survival project. She has been a member of the Disaster Medical Assistance Team (DMAT) in California and has worked in disaster relief at ground zero in New York City, Guam, and Hurricane Katrina. Her DMAT team was the first to respond the medical efforts in New Orleans. She was the sole midwife involved in care at the Louis Armstrong International Airport in New Orleans, seeing hundreds of pregnant women and delivering several babies there. She has recently initiated a Committee for Disaster Preparedness at the American College of Nurse Midwives, serving as its chairperson.

- **CV/Resume:** All presenting authors must upload a current CV or resume.
- **CNE Disclosure:** All presenting authors must disclose any relevant personal, professional or financial relationships with a commercial interest producing, marketing or selling health care goods or services consumed by or used on

patients. In addition, you must also indicate whether you will include discussion of off label drug or device use. These disclosures will be shared with learners prior to the start of your session, typically as a slide.

Abstract Text

You will be asked to submit a narrative summary of your talk, limited to 400 words. This isn't shared with attendees but used by reviewers to assess your approach to the topic, your grasp of the current state of practice and science, and the level of sophistication of the presentation. You can create this in Word first and then cut and paste into the Speaker Management System. Your abstract should be structured to include:

- Background: Importance of the subject matter and specific purpose of your talk. *Why should this information be shared?*
- Framework for the talk. *What current science, evidence or guidelines will you share? What are the principal points you are making?*
- Implications for practice. How can nurses apply this information?

Tips and Timeline

You do not have to complete the submission in one sitting. You can click 'save and continue' at the end of a page and get back to the submission by using your log-in number. If the system will not let you save the content because you have not completed the entire page, you can simply fill in a place holder such as "to be determined", and come back to that field at another time.

All abstracts submissions must be completed by August 23, 2010; you will be notified of the Program Committee's decision in October, 2010.

If Your Abstract Is Selected for Presentation

Presenters will be provided with an LCD projector, computer, screen and lectern with microphone. No other audio/visual equipment will be provided or may be used. *AWHONN does not permit use of flipcharts, overheads, slides or videocassettes during specialty sessions.*

Presenters will be responsible for their own travel and all expenses related to their presentation. All presenters are required to register to attend the convention and will be eligible for a \$75 discount off full convention registration fees. If you are asked to repeat your session, you are entitled to a \$150 discount off full convention registration fees. ***A maximum of two people may present a specialty session.***

Questions or Concerns

If you should have any questions or concerns, please do not hesitate to contact Frank Balsinger, Continuing Nursing Education Program Specialist, by phone at 202-261-2414 or by email at fbalsinger@awhonn.org.